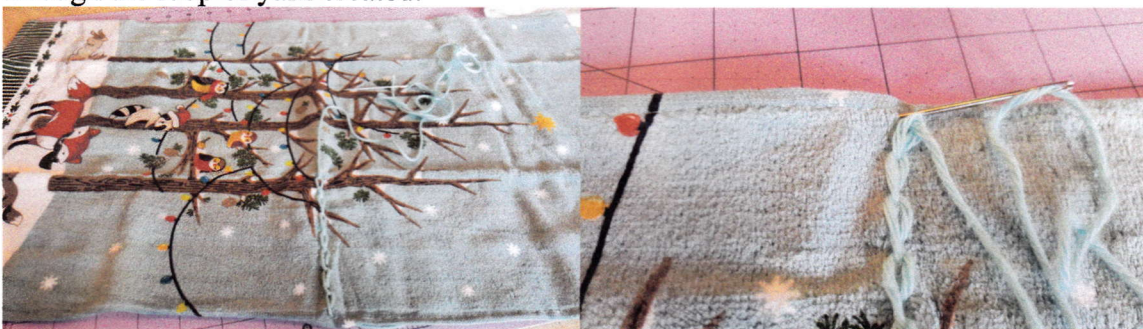


From the wrong side, insert tapestry needle. From the right side, insert the tapestry needle just above the yarn towards the wrong side of the towel, bring the tapestry needle back through to the right side of the towel approximately 1cm. The point of the tapestry needle should be coming through the loop of the yarn created.



Bring the tapestry needle and yarn completely through the right side of the towel, and cinch the loop of yarn down on top of the towel. The first embroidery stitch is made. Now, place the point of the tapestry needle just outside the first embroidery stitch loop, towards the wrong side of the towel, bring the tapestry needle back through to the right side of the towel approximately 1cm. The point of the tapestry needle should be coming through the loop of yarn created.



Make your embroidery stitch down the center of your kitchen towel. After the last embroidery stitch, tie your knot on the wrong side of your towel.